

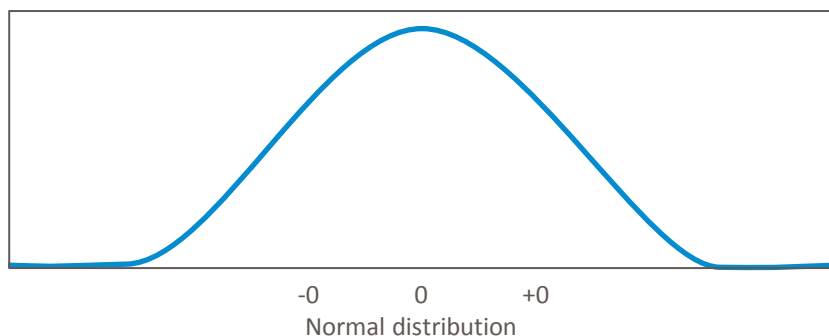


"A healthy sleeping baby is key to a flourishing family. Our sleep strategy combines medical research with practical routines which assist parents achieve optimum sleep, feeding, growth and happiness in babies and children."

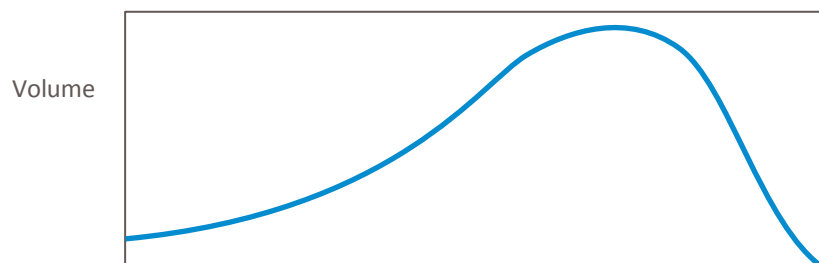
Graphs

useful illustrations

Normal distribution curve



Bottle top-up



NOTES

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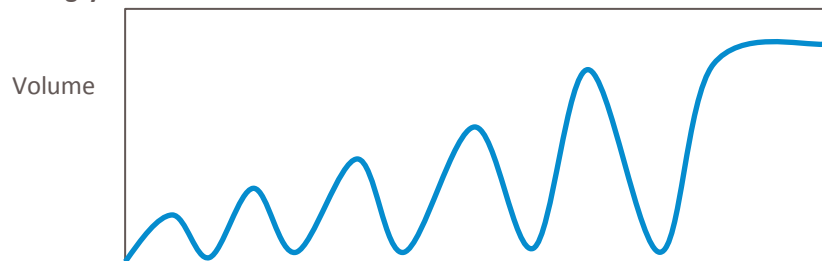


The
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D o c t o r

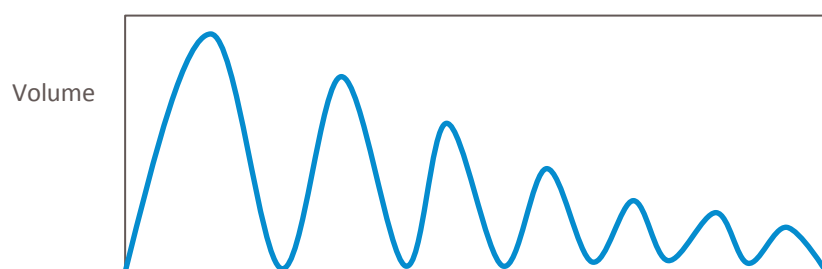
... helping babies to sleep
and families to flourish

CRYING

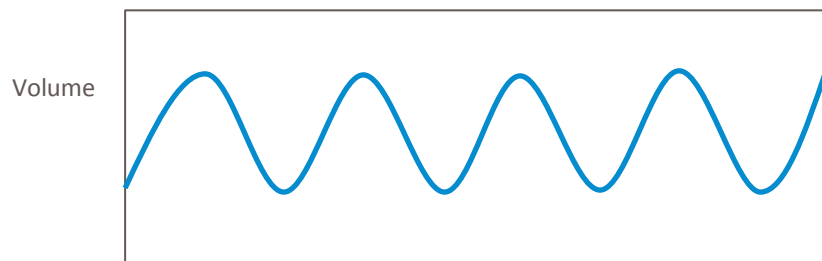
Hungry



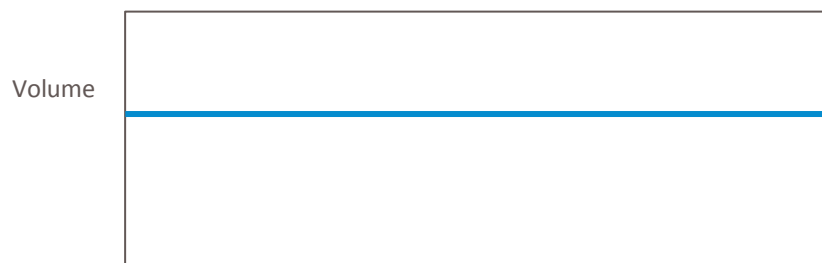
Over-tired



Learned cry



Pain



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